

# 2023/24 e-learning course list and guide

## Courses and Industries

**JHS Health and Safety Consultants Ltd can send you the specific details of each training course. Please just ask.**

**Address:** Okehampton Business Centre, Higher Stockley Mead,  
Okehampton, Devon EX20 1FJ.

**E-mail:** [enquiries@jhshealthandsafetyconsultants.co.uk](mailto:enquiries@jhshealthandsafetyconsultants.co.uk)

**Website:** <https://www.jhshealthandsafetyconsultants.co.uk>

**Telephone:** 07399 514 347 or 01837 608 192

**Opening Times:** Monday to Friday 9.00 am to 5.00 pm  
Saturday 9.00 am to 12.00 pm

**\*\*\* Over 140 quality courses within these industries \*\*\***

## Courses by Industry (See pages below for individual course titles):

Construction	Office
Food	Retail
Hospitality	Schools and Education
Manufacturing and Warehousing	Social Care and NHS

## Also, Bite Sized Self-Development Titles:

- Anger Management
- Communication Skills
- Conducting Appraisals (Text Based Course)
- Confidence Building
- Critical Thinking
- Effective Meetings
- Effective Recruitment (Text Based Course)
- Emotional Intelligence
- Managing a Remote Team (Text Based Course)
- Managing Change – for Managers (Text Based Course)
- Mindfulness
- Managing Anxiety
- Problem Solving
- Recognising Your Value
- Recognising the Value of Your Team (Text Based Course)
- Responding to Change
- Setting Goals
- Social Media Awareness
- Speaking Confidently

## 2023/24 e-learning course list and guide

### **Construction**

Abrasive Wheels Safety Training	Electrical Safety
Accident Reporting (RIDDOR)	Emergency First Aid at Work Refresher
Anger Management	Emotional Intelligence
Anti-Bribery & Anti-Corruption	Environmental Awareness
Anti-Money Laundering	Equality, Diversity & Inclusion
Anti-Tax Evasion (Audio Course)	Eye Protection
Asbestos Awareness (non-UKATA)	Fire Awareness in Construction
Asbestos Awareness Full (UKATA Approved)	Fire Awareness in the Workplace
Banksman Essentials	Fire Extinguishers
Bomb Threats & Suspicious Packages	Fire Warden/Marshal – General
Bullying & Harassment for Employees	Fire Warden/Marshal in Construction
Bullying & Harassment for Managers	First Aid Appointed Person
Business Compliance	First Aid At Work Refresher
CDM Regulations	First Aid Requirements & RIDDOR
Communication Skills	Food Allergy Awareness
Competition Law	Food Safety and Hygiene – Level 1
Conducting Appraisals (Text Based Course)	Food Safety and Hygiene – Level 2
Confidence Building	Food Safety and Hygiene – Level 3
Confined Space Working	Fraud Awareness & Prevention
Conflict Resolution	GDPR (UK) Essentials
Consumer Rights for Service Businesses	GDPR (UK) for Managers
COSHH	Gender Identity & Expression
CPR & AED Refresher	Hand-Arm Vibration Awareness
Creative Thinking	Health & Safety – Essentials
Critical Thinking	Health & Safety for Homeworkers
Customer Service	Health & Safety for Managers & Supervisors
Cyber Security Awareness	Hot Works (Text Based Course)
Disability Awareness & Inclusion	HR Compliance & Wellbeing
Display Screen Equipment (DSE)	Infection Prevention and Control
Driver Awareness	Introduction to Leadership
Drug & Alcohol Awareness	Ladder Safety
DSEAR (Dangerous Substances & Explosive Atmospheres)	Legionella Awareness
Effective Decision-Making	Lifting Operations (LOLER)
Effective Meetings	Lock-out/Tag-out (Text Based Course)
Effective Recruitment (Text Based Course)	Lone Worker Safety
Effective Remote Working	Managing a Remote Team (Text Based Course)

## 2023/24 e-learning course list and guide

Managing Anxiety  
Managing Change – for Managers (Text Based Course)  
Managing Contractors  
Manual Handling  
Menopause Awareness  
Mental Health Awareness for Managers  
Mental Health in Construction  
Mindfulness  
Modern Slavery  
New & Expectant Mothers at Work  
Noise Awareness  
Paediatric First Aid Refresher  
Personal Protective Equipment (PPE)  
Presentation Skills  
Problem Solving  
Project Management Essentials  
PUWER – Work Equipment  
Recognising the Value of Your Team (Text Based Course)  
Recognising Your Value

Resilience  
Responding to Change  
Returning to Work  
Returning to Work (During and After Covid)  
Risk Assessment in the Workplace  
Setting Goals  
Sexual Harassment Awareness  
Sharps  
Slips, Trips & Falls  
Social Media Awareness  
Speaking Confidently  
Spill Kits (Chemicals & Oils)  
Stress Awareness & Management  
Time Management  
Unconscious Bias Awareness  
Unconscious Bias for Management  
Whistleblowing  
Working at Height  
Workshop Safety  
Writing Effective E-Mails

### **Food**

Accident Reporting (RIDDOR)  
Anaphylaxis & Allergies Awareness  
Anger Management  
Anti-Bribery & Anti-Corruption  
Anti-Money Laundering  
Anti-Tax Evasion (Audio Course)  
Asthma Awareness  
Banksman Essentials  
Bar Staff (Working in Licensed Premises)  
Bomb Threats & Suspicious Packages  
Bullying & Harassment for Employees  
Bullying & Harassment for Managers  
Business Compliance  
Communication Skills  
Competition Law  
Conducting Appraisals (Text Based Course)

Confidence Building  
Conflict Resolution  
Consumer Rights for Goods Retailers  
Consumer Rights for Service Businesses  
COSHH  
CPR & AED Refresher  
Creative Thinking  
Critical Thinking  
Customer Service  
Cyber Security Awareness  
Disability Awareness & Inclusion  
Display Screen Equipment (DSE)  
Driver Awareness  
Drug & Alcohol Awareness  
Effective Decision-Making  
Effective Meetings

## 2023/24 e-learning course list and guide

Effective Recruitment (Text Based Course)	Managing Contractors
Effective Remote Working	Manual Handling
Electrical Safety	Menopause Awareness
Emergency First Aid at Work Refresher	Mental Health Awareness
Emotional Intelligence	Mental Health Awareness for Managers
Environmental Awareness	Mindfulness
Equality, Diversity & Inclusion	Modern Slavery
Eye Protection	New & Expectant Mothers at Work
Fire Awareness in the Workplace	Noise Awareness
Fire Extinguishers	Personal Protective Equipment (PPE)
Fire Warden/Marshal – General	Presentation Skills
First Aid Appointed Person	Problem Solving
First Aid At Work Refresher	Project Management Essentials
First Aid Requirements & RIDDOR	PUWER – Work Equipment
Food Allergy Awareness	Recognising the Value of Your Team (Text Based Course)
Food Safety and Hygiene – Level 1	Recognising Your Value
Food Safety and Hygiene – Level 2	Resilience
Food Safety and Hygiene – Level 3	Responding to Change
Fraud Awareness & Prevention	Returning to Work
GDPR (UK) Essentials	Returning to Work (During and After Covid)
GDPR (UK) for Managers	Risk Assessment in the Workplace
Gender Identity & Expression	Setting Goals
HACCP	Sexual Harassment Awareness
Health & Safety – Essentials	Sharps
Health & Safety for Homeworkers	Slips, Trips & Falls
Health & Safety for Managers & Supervisors	Social Media Awareness
HR Compliance & Wellbeing	Speaking Confidently
Infection Prevention and Control	Spill Kits (Chemicals & Oils)
Introduction to Leadership	Stress Awareness & Management
Ladder Safety	Time Management
Legionella Awareness	Unconscious Bias Awareness
Lifting Operations (LOLER)	Unconscious Bias for Management
Lock-out/Tag-out (Text Based Course)	Whistleblowing
Lone Worker Safety	Working at Height
Managing a Remote Team (Text Based Course)	Workshop Safety
Managing Anxiety	Writing Effective E-Mails
Managing Change – for Managers (Text Based Course)	

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### **Hospitality**

Accident Reporting (RIDDOR)	Environmental Awareness
Anaphylaxis & Allergies Awareness	Epilepsy Awareness
Anger Management	Equality, Diversity & Inclusion
Anti-Bribery & Anti-Corruption	Eye Protection
Anti-Money Laundering	Fire Awareness in the Workplace
Anti-Tax Evasion (Audio Course)	Fire Extinguishers
Banksman Essentials	Fire Warden/Marshal – General
Bar Staff (Working in Licensed Premises)	First Aid Appointed Person
Bomb Threats & Suspicious Packages	First Aid At Work Refresher
Bullying & Harassment for Employees	First Aid Requirements & RIDDOR
Bullying & Harassment for Managers	Food Allergy Awareness
Business Compliance	Food Safety and Hygiene – Level 1
Communication Skills	Food Safety and Hygiene – Level 2
Competition Law	Food Safety and Hygiene – Level 3
Conducting Appraisals (Text Based Course)	Fraud Awareness & Prevention
Confidence Building	GDPR (UK) Essentials
Conflict Resolution	GDPR (UK) for Managers
Consumer Rights for Goods Retailers	Gender Identity & Expression
Consumer Rights for Service Businesses	HACCP
COSHH	Hand-Arm Vibration Awareness
CPR & AED Refresher	Health & Safety – Essentials
Creative Thinking	Health & Safety for Homeworkers
Critical Thinking	Health & Safety for Managers & Supervisors
Customer Service	HR Compliance & Wellbeing
Cyber Security Awareness	Infection Prevention and Control
Diabetes Awareness	Introduction to Leadership
Disability Awareness & Inclusion	Ladder Safety
Display Screen Equipment (DSE)	Legionella Awareness
Driver Awareness	Lifting Operations (LOLER)
Drug & Alcohol Awareness	Lone Worker Safety
Effective Decision-Making	Managing a Remote Team (Text Based Course)
Effective Meetings	Managing Anxiety
Effective Recruitment (Text Based Course)	Managing Change – for Managers (Text Based Course)
Effective Remote Working	Managing Contractors
Electrical Safety	Manual Handling
Emergency First Aid at Work Refresher	
Emotional Intelligence	

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Menopause Awareness  
Mental Health Awareness  
Mental Health Awareness for Managers  
Mindfulness  
Modern Slavery  
New & Expectant Mothers at Work  
Noise Awareness  
Paediatric First Aid Refresher  
Personal Protective Equipment (PPE)  
Presentation Skills  
Problem Solving  
Project Management Essentials  
PUWER – Work Equipment  
Recognising the Value of Your Team (Text Based Course)  
Recognising Your Value  
Resilience  
Responding to Change  
Returning to Work

Returning to Work (During and After Covid)  
Risk Assessment in the Workplace  
Setting Goals  
Sexual Harassment Awareness  
Sharps  
Slips, Trips & Falls  
Social Media Awareness  
Speaking Confidently  
Spill Kits (Bodily Fluids)  
Spill Kits (Chemicals & Oils)  
Stress Awareness & Management  
Time Management  
Unconscious Bias Awareness  
Unconscious Bias for Management  
Whistleblowing  
Working at Height  
Workshop Safety  
Writing Effective E-Mails

### Manufacturing and Warehousing

Abrasive Wheels Safety Training  
Accident Reporting (RIDDOR)  
Anger Management  
Anti-Bribery & Anti-Corruption  
Anti-Money Laundering  
Anti-Tax Evasion (Audio Course)  
Asbestos Awareness (non-UKATA)  
Asbestos Awareness Full (UKATA Approved)  
Banksman Essentials  
Bomb Threats & Suspicious Packages  
Bullying & Harassment for Employees  
Bullying & Harassment for Managers  
Business Compliance  
Communication Skills  
Competition Law  
Conducting Appraisals (Text Based Course)

Confidence Building  
Confined Space Working  
Conflict Resolution  
Consumer Rights for Service Businesses  
COSHH  
CPR & AED Refresher  
Creative Thinking  
Critical Thinking  
Customer Service  
Cyber Security Awareness  
Disability Awareness & Inclusion  
Display Screen Equipment (DSE)  
Driver Awareness  
Drug & Alcohol Awareness  
DSEAR (Dangerous Substances & Explosive Atmospheres)  
Effective Decision-Making

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Effective Meetings	Managing Contractors
Effective Recruitment (Text Based Course)	Manual Handling
Effective Remote Working	Manual Handling (Including Tyres)
Electrical Safety	Menopause Awareness
Emergency First Aid at Work Refresher	Mental Health Awareness
Emotional Intelligence	Mental Health Awareness for Managers
Environmental Awareness	Mindfulness
Equality, Diversity & Inclusion	Modern Slavery
Eye Protection	New & Expectant Mothers at Work
Fire Awareness in the Workplace	Noise Awareness
Fire Extinguishers	Personal Protective Equipment (PPE)
Fire Warden/Marshal – General	Presentation Skills
First Aid Appointed Person	Problem Solving
First Aid At Work Refresher	Project Management Essentials
First Aid Requirements & RIDDOR	PUWER – Work Equipment
Food Allergy Awareness	Recognising the Value of Your Team (Text Based Course)
Food Safety and Hygiene – Level 2	Recognising Your Value
Fraud Awareness & Prevention	Resilience
GDPR (UK) Essentials	Responding to Change
GDPR (UK) for Managers	Returning to Work
Gender Identity & Expression	Returning to Work (During and After Covid)
Hand-Arm Vibration Awareness	Risk Assessment in the Workplace
Health & Safety – Essentials	Setting Goals
Health & Safety for Homeworkers	Sexual Harassment Awareness
Health & Safety for Managers & Supervisors	Sharps
Hot Works (Text Based Course)	Slips, Trips & Falls
HR Compliance & Wellbeing	Social Media Awareness
Infection Prevention and Control	Speaking Confidently
Introduction to Leadership	Spill Kits (Chemicals & Oils)
Ladder Safety	Stress Awareness & Management
Legionella Awareness	Time Management
Lifting Operations (LOLER)	Unconscious Bias Awareness
Lock-out/Tag-out (Text Based Course)	Unconscious Bias for Management
Lone Worker Safety	Whistleblowing
Managing a Remote Team (Text Based Course)	Working at Height
Managing Anxiety	Workshop Safety
Managing Change – for Managers (Text Based Course)	Writing Effective E-Mails



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### Office

Accident Reporting (RIDDOR)	Fire Awareness in the Workplace
Anger Management	Fire Extinguishers
Anti-Bribery & Anti-Corruption	Fire Warden/Marshal – General
Anti-Money Laundering	First Aid Appointed Person
Anti-Tax Evasion (Audio Course)	First Aid At Work Refresher
Bomb Threats & Suspicious Packages	First Aid Requirements & RIDDOR
Bullying & Harassment for Employees	Food Allergy Awareness
Bullying & Harassment for Managers	Fraud Awareness & Prevention
Business Compliance	GDPR (UK) Essentials
Communication Skills	GDPR (UK) for Managers
Competition Law	Gender Identity & Expression
Conducting Appraisals (Text Based Course)	Health & Safety – Essentials
Conflict Resolution	Health & Safety for Homeworkers
Consumer Rights for Goods Retailers	Health & Safety for Managers & Supervisors
Consumer Rights for Retailers of Digital Content	HR Compliance & Wellbeing
Consumer Rights for Service Businesses	Infection Prevention and Control
COSHH	Introduction to Leadership
CPR & AED Refresher	Ladder Safety
Creative Thinking	Legionella Awareness
Critical Thinking	Lone Worker Safety
Customer Service	Managing a Remote Team (Text Based Course)
Cyber Security Awareness	Managing Anxiety
Disability Awareness & Inclusion	Managing Change – for Managers (Text Based Course)
Display Screen Equipment (DSE)	Managing Contractors
Driver Awareness	Manual Handling
Drug & Alcohol Awareness	Menopause Awareness
Effective Decision-Making	Mental Health Awareness
Effective Meetings	Mental Health Awareness for Managers
Effective Recruitment (Text Based Course)	Mindfulness
Effective Remote Working	Modern Slavery
Electrical Safety	New & Expectant Mothers at Work
Emergency First Aid at Work Refresher	Noise Awareness
Emotional Intelligence	Paediatric First Aid Refresher
Environmental Awareness	Personal Protective Equipment (PPE)
Equality, Diversity & Inclusion	Presentation Skills
Eye Protection	



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Problem Solving  
Project Management Essentials  
PUWER – Work Equipment  
Recognising the Value of Your Team (Text Based Course)  
Recognising Your Value  
Resilience  
Responding to Change  
Returning to Work  
Returning to Work (During and After Covid)  
Risk Assessment in the Workplace  
Setting Goals  
Sexual Harassment Awareness

Slips, Trips & Falls  
Social Media Awareness  
Speaking Confidently  
Spill Kits (Chemicals & Oils)  
Stress Awareness & Management  
Time Management  
Unconscious Bias Awareness  
Unconscious Bias for Management  
Whistleblowing  
Working at Height  
Workshop Safety  
Writing Effective E-Mails

### **Retail**

Accident Reporting (RIDDOR)  
Anaphylaxis & Allergies Awareness  
Anger Management  
Anti-Bribery & Anti-Corruption  
Anti-Money Laundering  
Anti-Tax Evasion (Audio Course)  
Asthma Awareness  
Bomb Threats & Suspicious Packages  
Bullying & Harassment for Employees  
Bullying & Harassment for Managers  
Business Compliance  
Communication Skills  
Competition Law  
Conducting Appraisals (Text Based Course)  
Confidence Building  
Conflict Resolution  
Consumer Rights for Goods Retailers  
Consumer Rights for Retailers of Digital Content  
COSHH  
CPR & AED Refresher  
Creative Thinking  
Critical Thinking

Customer Service  
Cyber Security Awareness  
Diabetes Awareness  
Disability Awareness & Inclusion  
Display Screen Equipment (DSE)  
Driver Awareness  
Drug & Alcohol Awareness  
Effective Decision-Making  
Effective Meetings  
Effective Recruitment (Text Based Course)  
Effective Remote Working  
Electrical Safety  
Emergency First Aid at Work Refresher  
Emotional Intelligence  
Environmental Awareness  
Epilepsy Awareness  
Equality, Diversity & Inclusion  
Eye Protection  
Fire Awareness in the Workplace  
Fire Extinguishers  
Fire Warden/Marshal – General  
First Aid Appointed Person  
First Aid At Work Refresher

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First Aid Requirements & RIDDOR	Noise Awareness
Food Allergy Awareness	Paediatric First Aid Refresher
Food Safety and Hygiene – Level 1	Personal Protective Equipment (PPE)
Food Safety and Hygiene – Level 2	Presentation Skills
Food Safety and Hygiene – Level 3	Problem Solving
Fraud Awareness & Prevention	Project Management Essentials
GDPR (UK) Essentials	Recognising the Value of Your Team (Text Based Course)
GDPR (UK) for Managers	Recognising Your Value
Gender Identity & Expression	Resilience
Health & Safety – Essentials	Responding to Change
Health & Safety for Homeworkers	Returning to Work
Health & Safety for Managers & Supervisors	Returning to Work (During and After Covid)
HR Compliance & Wellbeing	Risk Assessment in the Workplace
Infection Prevention and Control	Setting Goals
Introduction to Leadership	Sexual Harassment Awareness
Ladder Safety	Sharps
Legionella Awareness	Slips, Trips & Falls
Lone Worker Safety	Social Media Awareness
Managing a Remote Team (Text Based Course)	Speaking Confidently
Managing Anxiety	Spill Kits (Bodily Fluids)
Managing Change – for Managers (Text Based Course)	Spill Kits (Chemicals & Oils)
Managing Contractors	Stress Awareness & Management
Manual Handling	Time Management
Menopause Awareness	Unconscious Bias Awareness
Mental Health Awareness	Unconscious Bias for Management
Mental Health Awareness for Managers	Whistleblowing
Mindfulness	Working at Height
Modern Slavery	Workshop Safety
New & Expectant Mothers at Work	Writing Effective E-Mails

### **Schools and Education**

Accident Reporting (RIDDOR)	Anti-Tax Evasion (Audio Course)
Anaphylaxis & Allergies Awareness	Asbestos Awareness (non-UKATA)
Anger Management	Asthma Awareness
Anti-Bribery & Anti-Corruption	Bomb Threats & Suspicious Packages
Anti-Money Laundering	Bullying & Harassment for Employees

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Bullying & Harassment for Managers	Food Safety and Hygiene – Level 1
Business Compliance	Food Safety and Hygiene – Level 2
Communication Skills	Food Safety and Hygiene – Level 3
Competition Law	Fraud Awareness & Prevention
Conducting Appraisals (Text Based Course)	GDPR (UK) in Education
Confidence Building	GDPR (UK) for Managers
Conflict Resolution	Gender Identity & Expression
Consumer Rights for Service Businesses	Health & Safety – Essentials
COSHH	Health & Safety for Homeworkers
CPR & AED Refresher	Health & Safety for Managers & Supervisors
Creative Thinking	Hot Works (Text Based Course)
Critical Thinking	HR Compliance & Wellbeing
Customer Service	Introduction to Leadership
Cyber Security Awareness	Ladder Safety
Diabetes Awareness	Legionella Awareness
Disability Awareness & Inclusion	Lifting Operations (LOLER)
Display Screen Equipment (DSE)	Lone Worker Safety
Driver Awareness	Managing a Remote Team (Text Based Course)
Drug & Alcohol Awareness	Managing Anxiety
Duty of Care Awareness	Managing Change – for Managers (Text Based Course)
Effective Decision-Making	Managing Contractors
Effective Meetings	Manual Handling
Effective Recruitment (Text Based Course)	Medication Awareness for Education
Effective Remote Working	Menopause Awareness
Electrical Safety	Mental Health Awareness for Education Professionals
Emergency First Aid at Work Refresher	Mental Health Awareness for Managers
Emotional Intelligence	Mindfulness
Environmental Awareness	Modern Slavery
Epilepsy Awareness	Moving & Handling People
Equality, Diversity & Inclusion	New & Expectant Mothers at Work
Eye Protection	Noise Awareness
FGM Awareness & Prevention	Paediatric First Aid Refresher
Fire Awareness in Education	Personal Protective Equipment (PPE)
Fire Extinguishers	Presentation Skills
Fire Warden/Marshal in Education	Prevent Duty
First Aid Appointed Person	Problem Solving
First Aid At Work Refresher	Project Management Essentials
First Aid Requirements & RIDDOR	
Food Allergy Awareness	

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PUWER – Work Equipment

Recognising the Value of Your Team (Text Based Course)

Recognising Your Value

Resilience

Responding to Change

Returning to Work

Returning to Work (During and After Covid)

Risk Assessment in the Workplace

Safeguarding Children

Safer Recruitment in Education

School Trips for Managers

School Trips for Organisers & Supporters

Setting Goals

Sexual Harassment Awareness

Slips, Trips & Falls

Social Media Awareness

Speaking Confidently

Spill Kits (Bodily Fluids)

Spill Kits (Chemicals & Oils)

Stress Awareness & Management

Time Management

Unconscious Bias Awareness

Unconscious Bias for Management

Whistleblowing

Working at Height

Workshop Safety

Writing Effective E-Mails

### **Social Care and NHS**

Accident Reporting (RIDDOR)

Anaphylaxis & Allergies Awareness

Anger Management

Anti-Bribery & Anti-Corruption

Anti-Money Laundering

Anti-Tax Evasion (Audio Course)

Asbestos Awareness (non-UKATA)

Assessing Mental Capacity

Asthma Awareness

Bomb Threats & Suspicious Packages

Bullying & Harassment for Employees

Bullying & Harassment for Managers

Business Compliance

Communication Skills

Competition Law

Confidence Building

Conflict Resolution

Consumer Rights for Service Businesses

COSHH

CPR & AED Refresher

Creative Thinking

Critical Thinking

Customer Service

Cyber Security Awareness

Deprivation of Liberty

Diabetes Awareness

Disability Awareness & Inclusion

Display Screen Equipment (DSE)

Driver Awareness

Drug & Alcohol Awareness

Effective Decision-Making

Effective Meetings

Effective Remote Working

Electrical Safety

Emergency First Aid at Work Refresher

Emotional Intelligence

Environmental Awareness

Epilepsy Awareness

Equality and Diversity in Care

Eye Protection

FGM Awareness & Prevention

Fire Awareness in Care

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Fire Extinguishers	Modern Slavery
Fire Warden/Marshal in Care	Moving & Handling People
First Aid Appointed Person	New & Expectant Mothers at Work
First Aid At Work Refresher	Noise Awareness
First Aid Requirements & RIDDOR	Paediatric First Aid Refresher
Food Allergy Awareness	Personal Protective Equipment (PPE)
Food Safety and Hygiene – Level 1	Presentation Skills
Food Safety and Hygiene – Level 2	Problem Solving
Food Safety and Hygiene – Level 3	Project Management Essentials
Fraud Awareness & Prevention	PUWER – Work Equipment
Freedom of Information Act (Audio Only)	Recognising Your Value
GDPR (UK) Essentials	Resilience
GDPR (UK) for Managers	Responding to Change
Gender Identity & Expression	Returning to Work
Handling Information in Care	Returning to Work (During and After Covid)
Health & Safety – Essentials	Risk Assessment in the Workplace
Health & Safety for Homeworkers	Setting Goals
Health & Safety for Managers & Supervisors	Sexual Harassment Awareness
HR Compliance & Wellbeing	Sharps
Infection Prevention and Control	Slips, Trips & Falls
Introduction to Leadership	Social Media Awareness
Ladder Safety	Speaking Confidently
Legionella Awareness	Spill Kits (Bodily Fluids)
Liberty Protection Safeguards	Spill Kits (Chemicals & Oils)
Lone Worker Safety	Stress Awareness & Management
Managing Anxiety	Time Management
Managing Contractors	Unconscious Bias Awareness
Manual Handling	Unconscious Bias for Management
Medication Awareness in Care	Whistleblowing
Menopause Awareness	Working at Height
Mental Health Awareness for Carers & Nurses	Workshop Safety
Mental Health Awareness for Managers	Writing Effective E-Mails
Mindfulness	

### Care Certificate Courses

- |                                    |                               |
|------------------------------------|-------------------------------|
| 1. Understanding your Role in Care | 5. Person-Centred Care        |
| 2. Personal Development in Care    | 6. Communication in Care      |
| 3. Duty of Care Awareness          | 7. Privacy & Dignity in Care  |
| 4. Equality and Diversity in Care  | 8. Fluids & Nutrition in Care |

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|--|--|
| 9. Mental Health, Dementia and Learning Disabilities | 12. Basic Life Support in Care               |
| 10. Safeguarding Vulnerable Adults (SoVA)            | 13. Health & Safety in Care                  |
| 11. Safeguarding Children                            | 14. Handling Information in Care             |
|  | 15. Infection Prevention and Control in Care |

**JHS Health and Safety Consultants Ltd can send you the specific details of each training course. Please just ask:**

**Address:** Okehampton Business Centre, Higher Stockley Mead,  
Okehampton, Devon EX20 1FJ.

**E-mail:** [enquiries@jhshealthandsafetyconsultants.co.uk](mailto:enquiries@jhshealthandsafetyconsultants.co.uk)

**Website:** <https://www.jhshealthandsafetyconsultants.co.uk>

**Telephone:** 07399 514 347 or 01837 608 192

**Opening Times:** Monday to Friday 9.00 am to 5.00 pm  
Saturday 9.00 am to 12.00 pm

### **Benefits:**

1. Great value: **See Price's Below.**
2. Flexible and cost-effective, regardless of the size of your business, the number of employees or the number of courses required.
3. No set contracts or expiry dates.
4. Virtual learning courses can give you a saving of up to 80% when compared to classroom courses.

### **How do the e-learning training courses work?**

- You need an internet connection and a screen as training can be done anywhere and at any time.
- It does not need to impact on the working day as learners can dip in and out of these flexible courses.
- No requirement to complete courses in one sitting or within any period.
- Advantages are you purchase credits, using one per subject and access the list of up to 140 + courses – you do not need to buy set numbers for any subject.

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- The minimum purchase of credits is five.
- There are no expiry dates on credits, so no requirement to use by a certain time.
- Your learner will receive a welcome message from the system, and this will give them all of the information needed to get onto and complete their learning.
- All courses use a final test format, so you know that your learner has the knowledge required.
- Once completed, a certificate can be downloaded or printed.
- After your initial purchase, you can add to your credits as and when you wish.
- All courses are available in over 30 different foreign language subtitle options.
- We also provide UKATA Asbestos Awareness courses which are separate from our system as they are monitored directly by that body although the whole process is automated.

Upon payment, we can set you up with your own customised, easy-to-use Learning Management System which will enable you to assign courses, check results, print certificates, prepare reports and generally monitor your training. If you purchase only small amounts of credits, we will deal with the admin for you.

### **How much do online e-learning training courses cost?**

The pricing of the courses reduces with the number of credits purchased.

(1 credit = 1 session).

5-50 credits	£17.50 each session
51-100 credits	£16 each session
101-250 credits	£14 each session
251-500 credits	£13 each session